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Psychological Impact of Nuclear Weapons Proliferation on Global Populations

This study examines the profound psychological effects of nuclear weapons proliferation on global populations. The constant threat of nuclear conflict creates a pervasive sense of fear and anxiety, impacting mental health and societal stability. Historical instances, such as the Cold War, highlight the long-term psychological stress experienced by individuals living under the shadow of potential nuclear war. The research utilizes data from various psychological studies and surveys to analyze the correlation between nuclear threat perception and mental health issues. Findings underscore the need for international efforts to reduce nuclear arsenals and promote peace to alleviate the psychological burden on global populations.

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